

1 Free Day Pass!



(757) 412-0600
2101 W. Great Neck Rd
Virginia Beach, VA 23451

OR



(757) 689-2446
2336 Elson Green Ave Ste.106
Virginia Beach, VA 23456

One Free Day per customer – 1st Visit Only.

Offer valid for Virginia Beach residents only.

A Valid VA Driver's license must be presented to redeem your

Free Day and you must be 18 years of age.

PLEASE PRINT THIS PASS TO REDEEM YOUR FREE WORK OUT!